



# ***EXPRESS CLINIC***

## **What We Treat**

Quick and effective care for a range of “on the day” presentations when your local pharmacy is unable to help or if it cannot wait until the next day:

**Respiratory** –Cough, Chest infections, Asthma (Worsening Symptoms), COPD (Worsening Symptoms)

**Ear, Nose, Throat** -Ear Symptoms, Sore Throat, Sinus Symptoms

**Skin**-Rashes (e.g. shingles, chicken pox, viral/ allergic rashes), Bites and Stings, Lumps (infected), Eczema flare ups, impetigo, infections/ cellulitis

**Stomach/Bowel/Urinary**-Urinary Symptoms/ blood in urine, Diarrhoea +/- Vomiting (D&V), Haemorrhoids ( new/acute)

**General/Miscellaneous**- ankle / leg swelling acute, Viral symptoms/fever, Dizziness (new onset), Thrush/ Discharge, Emergency Contraception

**Pain (new onset)**-Abdominal pain, Back pain, Joint pain, migraine /headache

## **Express Clinicians Team**

Our team includes General practitioners, doctors in training and Advanced Nurse Practitioner. You may be seen by any member of the team.

## **Appointments**

Phone up preferably early in the morning for an appointment – you may be seen either morning or afternoon- depending on availability.

All appointments are maximum 10 minutes.

We are only able to deal with one urgent problem per appointment.

*For ALL **eye problems** for ALL ages- please attend an optician.*

*For any **foot problem** (infection/ athlete 's foot/ ingrowing toe nail/ foot pain)- please contact podiatry service on 0141 347 8909.*

*For any **mental health problems**- contact Breathing Space(0800838587)/ Wise connections (over 65s- 0141-451 0590) or make a GP appointment.*